

## **BREAKFAST**

7 AM - 11AM

**Breakfast Bagel** w/ bacon, fried egg, & cheese

**Breakfast Quesadilla** w/ avocado, sausage, scrambled egg, & cheddar cheese

**Avocado Toast** w/ poached eggs & ham

**Quinoa Breakfast Bowl** sautéed brussel sprouts, sliced mushroom & onion

**Omelet** w/ ham & cheese

**Original French Toast** classic version served with whipped cream & berry compote

**Breakfast Hash** choose potatoes hash, onion, bell pepper, mushroom, w/ sausage **OR** brussel sprouts hash, onion, bell pepper, mushroom, topped with a fried egg

## Kids

**Grilled Cheese** w/ side of grapes

**Pasta** w/ tomato sauce (optional +chicken for + \$)

**Turkey Wrap** w/ tomatoes, cheese, mayo, bacon, & lettuce

## **LUNCH**

11 AM - 5:30PM

\$1 OFF food with espresso drink order.

**Veggie Wrap** hummus, pesto, quinoa, carrots, cucumber, avocado, & greens

**Turkey Apple Bacon Panini** w/ cheddar, & honey mustard on sourdough

**Chicken Wrap** w/ spinach, sun dried tomato, parmesan sauce & provolone

**Cranberry Turkey Melt** w/ provolone, pesto, cranberry sauce on ciabatta

**Kale Salad** w/ carrots, chickpeas, quinoa, cherry tomato & ginger dressing

**Chicken Cacciatore** served over pasta w/ creamy tomato sauce, sautéed onion, bell pepper

**Soup of the week**